

Percutaneous lung abscess drainage: revisiting the old gold standard

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Abstract

Lung abscess is defined as the necrosis of lung tissue with cavity formation due to varied etiology. The treatment of lung abscesses is medical involving antibiotics and chest physiotherapy. The failure of medical line of management requires an invasive surgical or percutaneous approach for drainage and control of infection. While the literature is ample regarding the surgical approach, it is rather scarce on the percutaneous approach. The percutaneous drainage has

been most studied with computed tomography guidance. With our case series we describe to the treatment of lung abscesses non-responsive to medical management, by a bedside minimally invasive ultrasound or fluoroscopy guided percutaneous drainage approach.

Introduction

Pulmonary endocavitary percutaneous aspiration was first described by Monaldi in 1938. It was one of the cornerstones of tuberculosis treatment in the pre-antibiotic era. The same author applied this method to pyogenic lung abscesses thus becoming a valid therapeutic option even with this etiology [1]. Following the ever-increasing availability of antibiotic therapy, the treatment of lung abscesses has become almost exclusively medical and conservative with a success rate close to 90% of cases [2-4]. The failure of medical treatment is due to multiple causes requiring an invasive surgical (usually lobectomy) or percutaneous approach [5-7]. There is vast literature on the surgical management in these scenarios. However rather scarce, only a few hundred cases describe the percutaneous drainage in lung abscess to our knowledge [8]. Although percutaneous drainage has advantages, it is not a very widespread method due to the potential complications. The aim of the present work is to describe our experience in the treatment of non-responsive lung abscesses by medical therapy using a minimally invasive percutaneous ultrasound-guided drainage with bedside approach.

Case Series

We retrospectively reviewed consecutive cases from two tertiary care referral hospitals centers in Italy from May 2018 to May 2019. We treated eight patients with lung abscess in this time period. All subjects had been treated with at least 2 weeks of antibiotic therapy either empirical or based on microbiological reports of sputum/tracheal aspirate. One patient was under immunosuppressive therapy which was discontinued at ward admission (Patient 8: steroids). Despite the medical treatment the clinical situations which we considered valid indications to proceed to percutaneous drainage were persistence of fever, lack of radiological resolution of the pulmonary pattern and presence of abscess collection >4 cm in diameter (short axis). The techniques used were the following, almost similar to each other: two patients underwent percutaneous ultrasound assisted drainage by extemporaneous aspiration with kit from thoracentesis using a 14G needle (Macropharm Srl, Caltanissetta, Italy). The patients were positioned in the most ipsilateral (best) decubitus position. The collection was identified by ultrasound guidance and nearest cutaneous landmark marked. A

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sterile field was set up, without changing the patient's decubitus position. After adequate local anesthesia with 2% lidocaine, percutaneous aspiration of the purulent pulmonary collection was done. The remaining six patients were analogously evaluated by ultrasounds, the best decubitus (prone or on the healthy side) selected. After preparation of a sterile field and local anesthesia, the procedure was performed under direct ultrasound guidance, using the Seldinger technique with pig tail 14F guided endocavitary drainage (modified Wayne pneumothorax set, Cook medical). We preferred this device because in our opinion is more accurate in placement and minimally traumatic. In two cases (Patient 3, Patient 4) the pigtail was inserted under additional fluoroscopy guidance. The clinical, radiological details of patients are given in Table 1.

Most responded to this approach. Figures 1 and 2 illustrate images in two of our patients. In two cases the isolation of the pathogenic organism from abscess drained pus (Patient 5, *Streptococcus constellatus*, *Prevotella*; Patient 6: *Parvimonas micra*) determined antibiotic therapy modification and resolution after 2 weeks treatment period. In the other cases antibiotic treatment was stopped the same day of drainage removal if there were clinical and radiological resolution. The only recorded complication occurred in patient 8 who developed pneumothorax after repositioning of intralesional drainage. This complication required the placement of a second pleural drain to treat pneumothorax which resolved subsequently (Figure 3) without empyema development.

Discussion

Lung abscess are formed due to liquefactive necrosis of the lung tissue, leading to formation of cavities (more than 2 cm)

containing necrotic debris or fluid caused by microbial infection. Lung abscess is primary when it results from existing lung parenchymal process and is secondary when it complicates another process, e.g. vascular emboli, bronchogenic cancer or follows rupture of extrapulmonary abscess into lung [8]. The treatment of lung abscesses has become almost exclusively medical and conservative. The antibiotic therapy is required for 4 to 6 weeks and adjusted as per the susceptibility reports of the organism isolated [2-4]. The failure of medical treatment is usually attributable to the virulence of the pathogen and / or failure to achieve an adequate concentration of the drug at the level of the lesion. Other causes of failure to resolve are the presence of other underlying lung diseases and reduced lung compliance [5-7]. Failure of medical treatment involves the need to resort to an invasive surgical (usually lobectomy) or percutaneous approach. Although percutaneous drainage has advantages as the initial treatment modality for complicated pulmonary abscesses, to date it remains not a very widespread method due to the potential complications mainly related to the trocar approach, especially to the radiologists who perform it mainly under guidance of computed tomography and less frequently under fluoroscopic guidance.

The medical treatment fails if the patient had risk factors like a large abscess cavity (>6 cm), compromised immunity, neoplasm, advanced age, reduced level of consciousness or infection with certain aerobic pathogens (*Klebsiella pneumoniae*, *Pseudomonas aeruginosa*, *Staphylococcus aureus*). Ten to 20% of patients with lung abscesses eventually required surgical or percutaneous drainage due to medical treatment failure. Surgery was associated with high morbidity and mortality. The success rate of computed tomography guided drainage of lung abscess has been reported up to 90% [9]. Yellin *et al.* reported the routine use of percutaneous

Table 1. Characteristics of lung abscess patients.

Patient	1	2	3	4	5	6	7	8
Age (years)	64	47	61	72	31	43	63	49
Gender	Male	Male	Male	Female	Male	Male	Male	Female
Comorbidities	Schizophrenia	Glioblastoma	H1N1 infection	Cancer, atrial fibrillation	None	None	Diabetes mellitus	Wegener granulomatosis
Site of lung abscess	RLL	RLL	RLL	LLL	RLL	RLL	RLL	LUL-LLL
Antibiotics	PTZ	PTZ, LNZ, CPX	OTV, AMC, CFS, MPM	VRZ	PTZ, LNZ, CTM, CDM, TCP	MPM, LNZ, CDM, VRZ	PTZ, LFX	MPM, LNZ, APB, TCP
Antibiotic treatment period	3 weeks	3 weeks	2 weeks	3 weeks	2 weeks	4weeks	4 weeks	2 weeks
Microbiology	Negative	B: <i>Salmonella typhi</i> , <i>Moraxella catarrhalis</i>	t.a.: <i>Achromobacter xylosoxidans</i> . Pus: Bacteroides	Bal: <i>Aspergillus</i>	Pus: <i>Streptococcus constellatus</i> , <i>Prevotella</i>	Pus: <i>Prevotella</i>	Negative	Negative
Pigtail	Yes	Yes	Yes	Yes	No	No	Yes	Yes
Time drainage stay	8 days	10 days	3 days	10 days			10 days	5 days
Fluoroscopy (F) / USG (U) guided	U	U	F; U	F; U	U	U	U	U
Clinical improvement	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
Radiological resolution	Complete	Complete	Partial	Near complete	Complete	Near Complete	Complete	No
Complication	No	No	No	No	No	No	No	PNX

B, blood; t.a., tracheal aspirate; PTZ, Piperacillin-Tazobactam; LNZ, Linezolid; CPX, Ciprofloxacin; OTV, Oseltamivir; AMC, Amoxicillin-clavulanic acid; LFX, Levofloxacin; CFS, cephalosporin; MPM, Meropenam; APB, Amphotericin B; TCP, Teicoplanin; VRZ, Voriconazole; CDM, Clindamycin; CTM, Clarithromycin; PNX, pneumothorax.

drainage in 48 patients with a lung abscess in whom medical therapy failed with good success rate and infrequent complications. They used chest-X ray postero-anterior and lateral views to determine the site of drainage. They used three types of drainage devices: an Argyle trocar catheter, a Foley catheter, and a 12-gauge intravenous polyethylene catheter [10]. Subsequently, Rice *et al.* described tube drainage and Crouch *et al.* and Parker *et al.* described use of small-bore catheters in lung abscess drainage [11-13]. Ha *et al.* described percutaneous catheter drainage of lung abscess using computed tomography and fluoroscopy guidance [14]. Computed tomography guided percutaneous drainage in 40 cases was described by Kelogrigoris *et al.* [15].

In concurrence with the available literature, our experience about percutaneous drainage of pyogenic lung abscesses was safe and effective. We used two different techniques because at the moment of clinical presentation in patients 5 and 6 pigtail catheters were not available in the institution. However we recognize to drainage of lung abscess by extemporaneous aspiration mainly a diagnostic value while endocavitary permanent drainage could be a real definitive treatment. Indeed for pigtail patients mean antibiotic treatment period post procedure were shorter (7 vs 14 days).

Literature also describes a different combined approach of using a double-lumen catheter for initial drainage and keeping it *in situ* for further lavage with saline and drainage at the same time [8] but the authors have not experience with this device.

In our series there was only one therapeutic failure in patient 8 mostly due to the associated Wegner's granulomatosis. Literature has rare reports of ultrasound or fluoroscopy guidance used in real time for drainage of lung abscess. We describe the same with our case series. The advantage of using pigtail drainage are numerous. It allows adequate complete drainage in lung abscess that is resistant to medical line of management. The pigtail insertion is by Seldinger technique allowing the wire to be positioned with great precision. Saline / antibiotic lavage can also be done using similar double lumen catheters. The advantage of our approach (both ultrasound and fluoroscopy guided) is the real time visualization of the catheter or needle while insertion over the computed tomography method avoiding complications. In addition bed side use of ultrasound or fluoroscope obviates the need for shifting the patient for procedures. Ultrasound can be safely used in most scenarios and situations and is a very portable tool. Fluoroscopy also similarly aids bedside intervention in these cases in the intervention pulmonology suite.

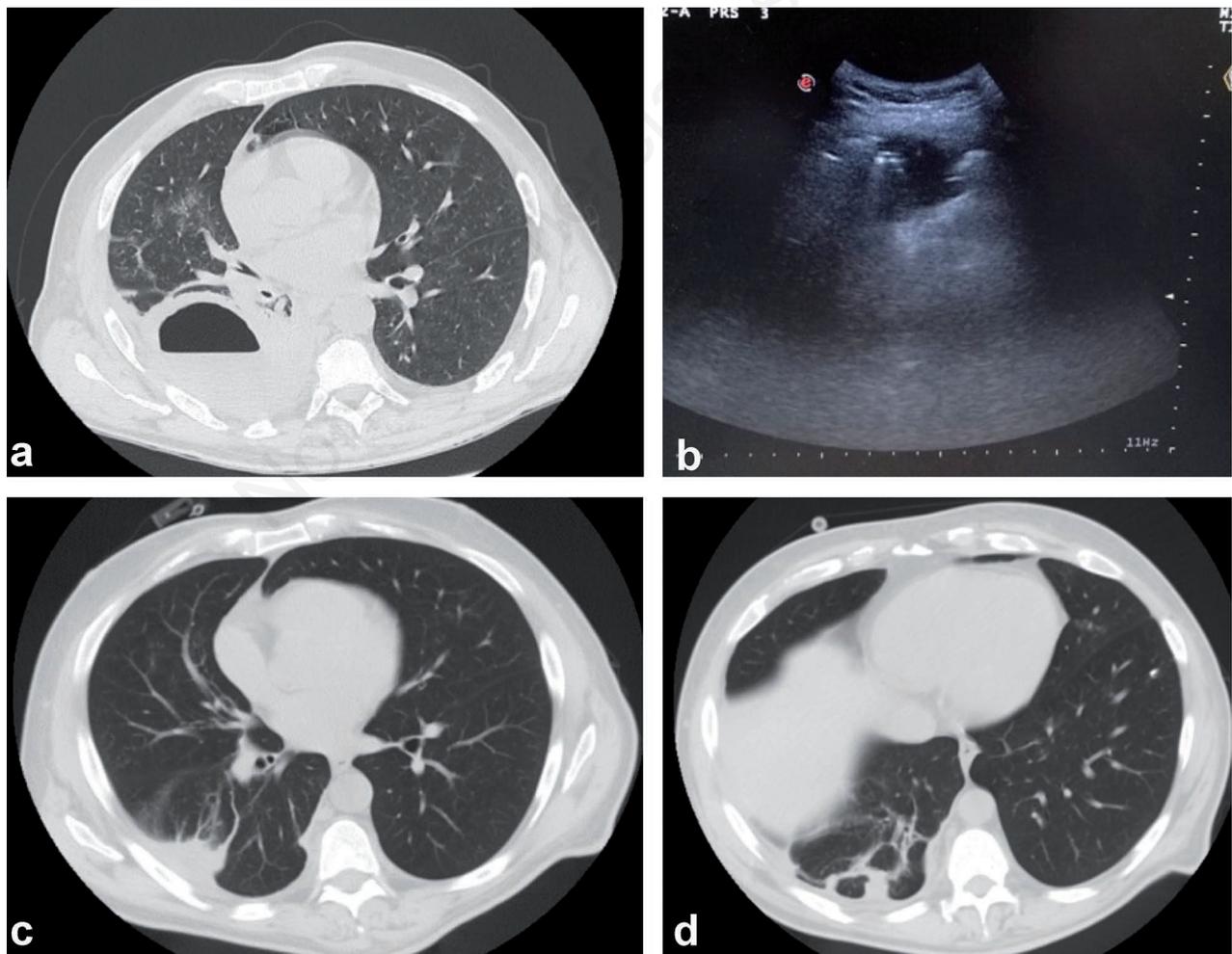


Figure 1. Patient 6: CT image prior to pigtail insertion (a); ultrasound image at the time of the procedure (b); CT image post pigtail guided aspiration and medical therapy (c,d).

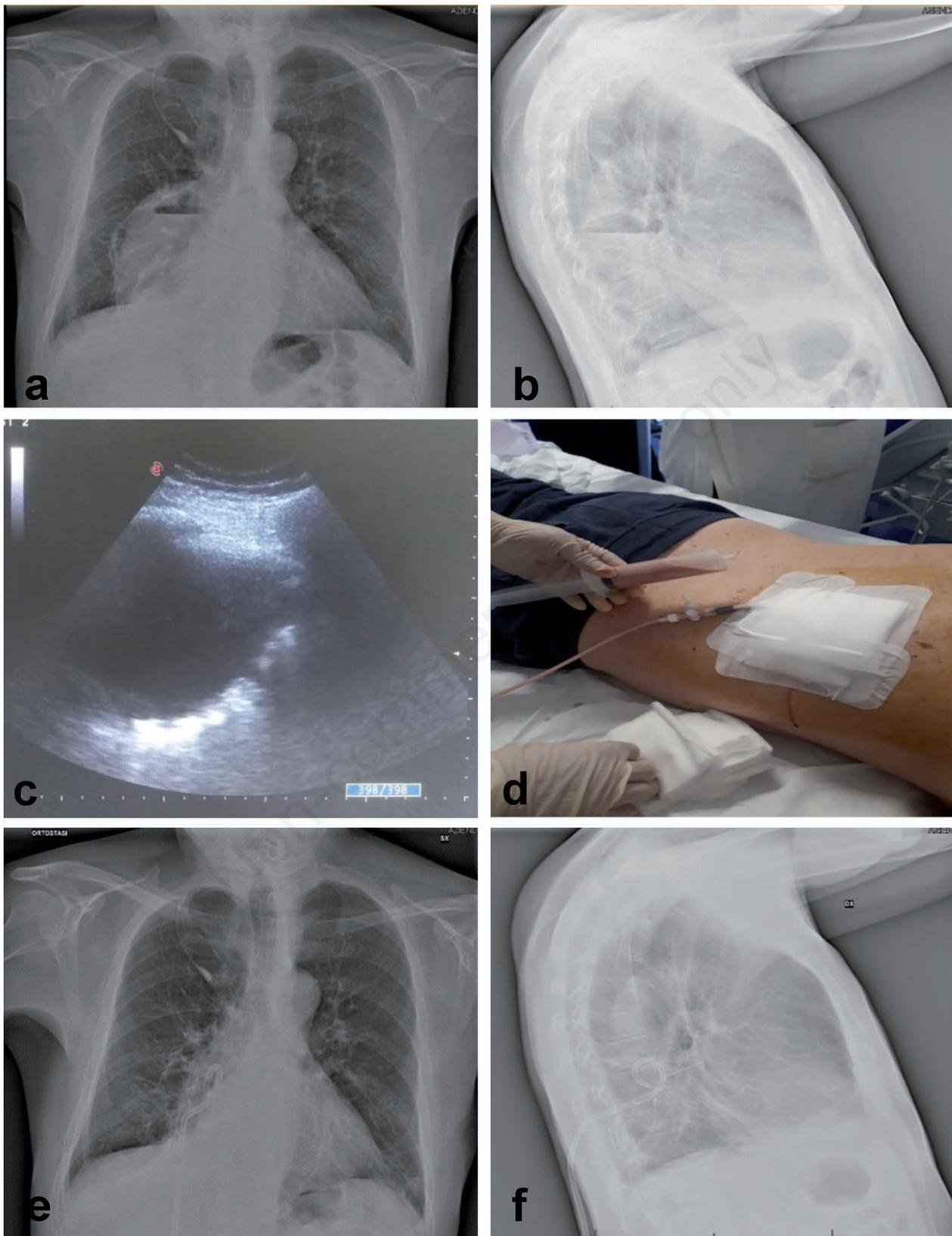


Figure 2. Patient 7: CXR baseline (a,b); preprocedural ultrasound image and image of drainage at the end of same (c,d); CXR after 5 days (e,f).

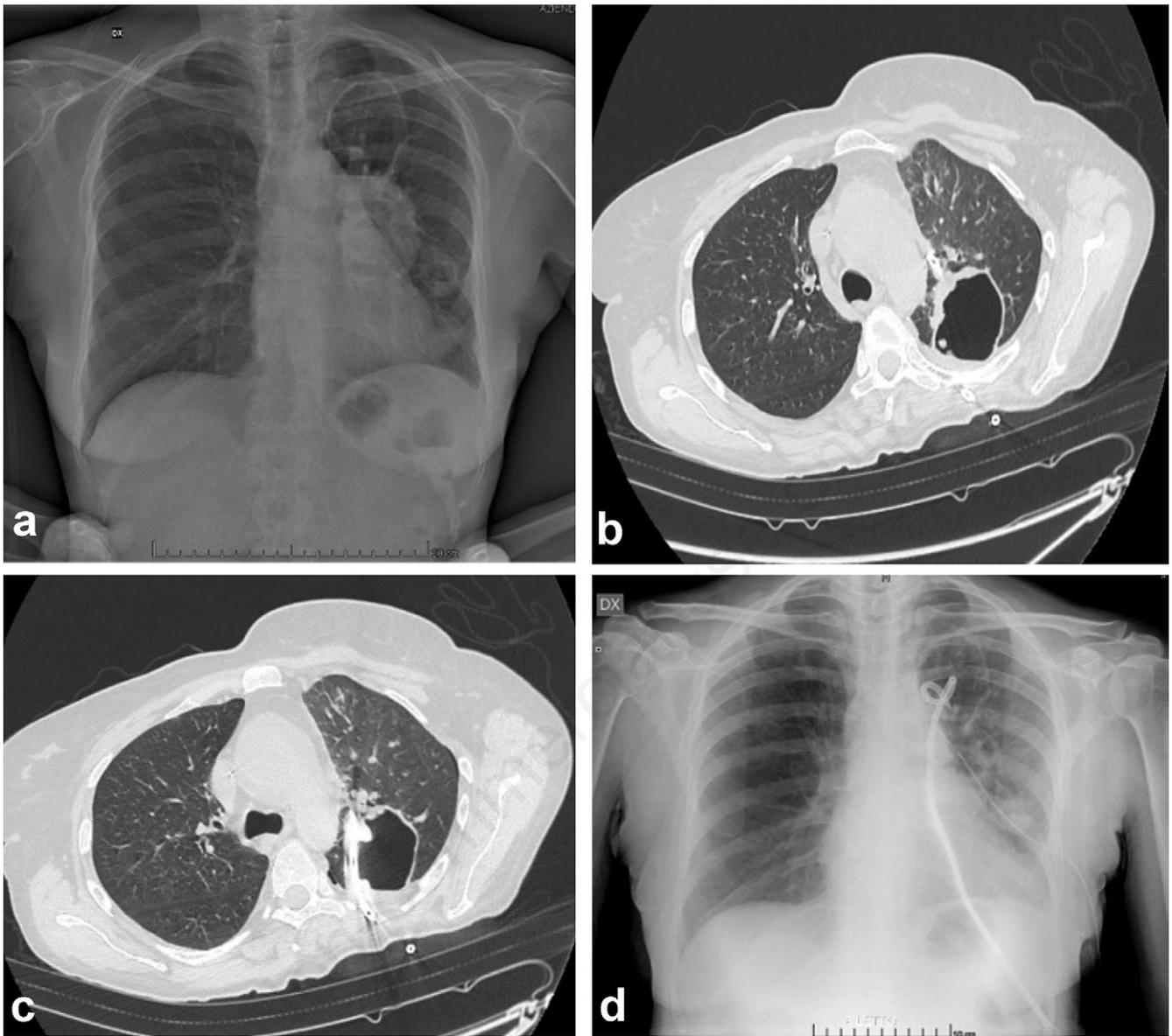


Figure 3. Patient 8: CXR baseline (a); CT thorax after pigtail positioning, note the intralesional drainage tangent to the medial wall of the abscess but with the distal end entering parenchyma (b,c); CXR after second drain placement due to emergence of massive pneumothorax in urgency (d).

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